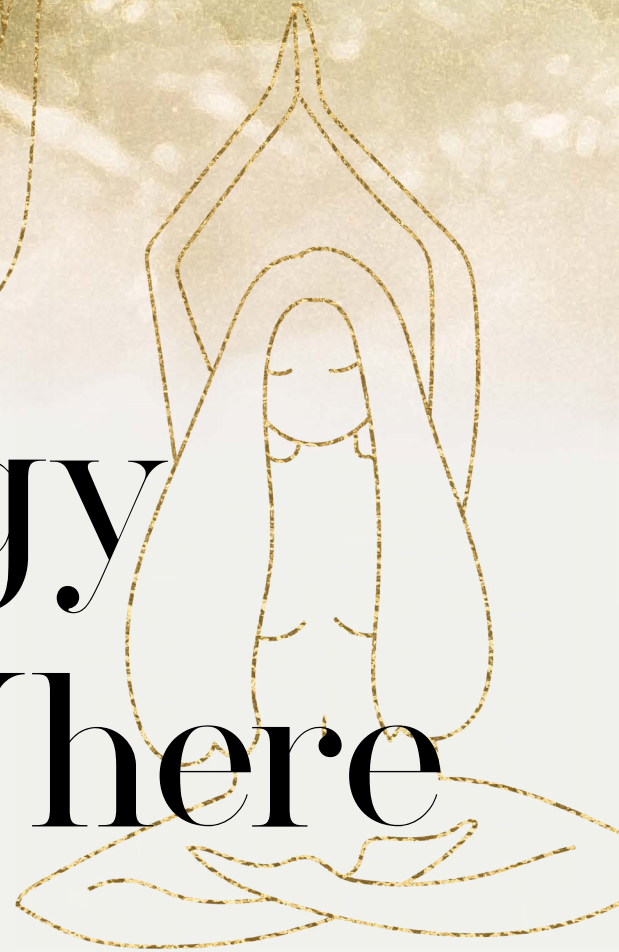




#2

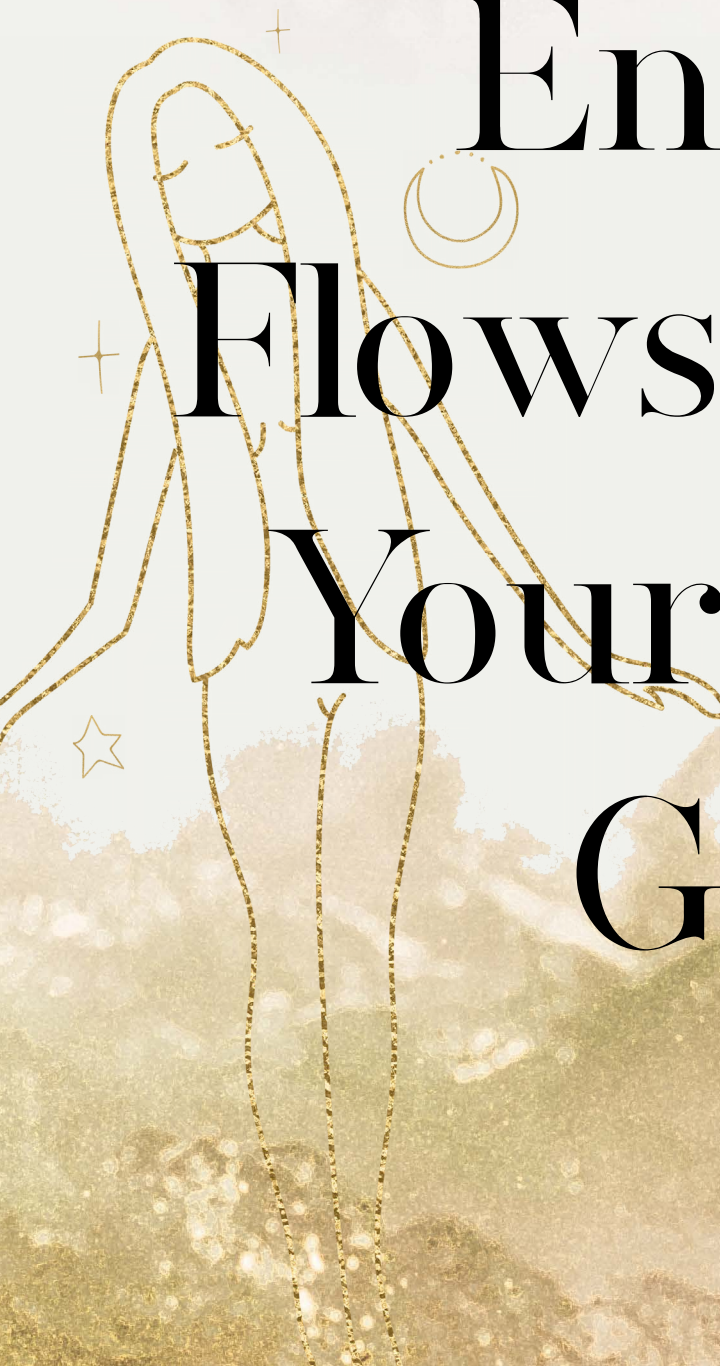
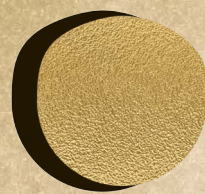


Energy

Flows Where

Your Focus

Goes





Energy Flows Where Your Focus Goes

Today you learned about the importance of directing your energy and that manifesting is more about bending reality than it is about abracadabra. You also learned about the importance of breaking down your Big Hairy Audacious goal into baby steps.

For your homework, please choose your biggest goal and break it down into at least 5 steps which you can take towards it, remember the example of starting with no money and wanting to manifest a shiny new Mercedes.

Doing this will also FOCUS YOUR ATTENTION on what you want to achieve. Every time you take inspired action, you are focused and you start to see how you can manifest your goals. So just do it!

My big goal and how I can achieve it

Step 1 – the first step I can take in the coming 24 hours

Step 2– the second step I can take in the coming 3 days





Step 3 – the third step I can take in the coming week days



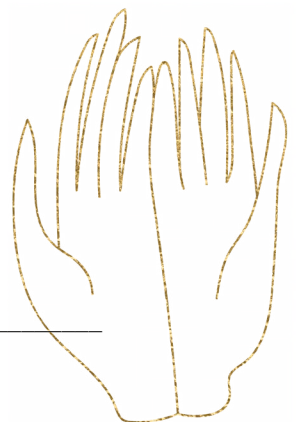
Step 4 – the fourth step I can take in the coming month



Step 5 – the on-going inspired action I need to take



I hereby commit to taking these steps!



Signed _____ Date _____

